

San Diego Section High School

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Track & Field Guide



Charles Jock
Mission Bay
State Champion
800 meters

CIF-San Diego Section Track and Field Records

Boys

| Year | Event | Name, School | Mark |
|------|-----------------------------------|-----------------------------|-------------|
| 1992 | 100 Meters | Riley Washington, Southwest | 10.30 |
| 1998 | 200 | Ike Okenwa, Morse | 20.97 |
| 1996 | 400 | Lydell Burstson, Morse | 46.85 (n) |
| 1988 | 800 | Mark Senior, Mt. Miguel | 1:50.25 |
| 1972 | 1600 | Terry Cotton, El Cajon | 4:04.04*(n) |
| 1976 | 3200 | Thom Hunt, Patrick Henry | 8:41.8* |
| 1997 | 110HH | Reggie DePass, Montgomery | 13.86 |
| 2001 | 300IH | Jeff Hunter, Granite Hills | 36.25 |
| 1998 | 4x100 Relay | University City | 40.66 |
| | (Long, Ward, Hayes, Douglas) | | |
| 1996 | 4x400 Relay | Morse | 3:10.80 |
| | (Jones, Carter, Pinson, Burstson) | | |
| 1979 | High Jump | Frank Schiefer, Madison | 7-2 |
| 2005 | Pole Vault | Derek Scott, El Camino | 16-8 |
| 1966 | Long Jump | Doyle Steel, San Diego | 25-5 ¼ |
| 1994 | Triple Jump | Von Ware, RBV | 52-0 |
| 1990 | Shot Put | Brent Noon, Fallbrook | 76-2 |
| 2006 | Discus | Darius Savage, Morse | 212-1 |

Girls

| Year | Event | Name, School | Mark |
|------|------------------------------------|---------------------------------|----------|
| 1984 | 100 Meters | Gail Devers, Sweetwater | 11.51 |
| 2001 | 200 | Monique Henderson, Morse | 23.16 |
| 2000 | 400 | Monique Henderson, Morse | 50.74 |
| 1985 | 800 | Lesley Noll, Mt. Carmel | 2:08.00 |
| 1986 | 1600 | Darcy Arreola, Grossmont | 4:42.77 |
| 1987 | 3200 | Kira Jorgensen, Vista | 10:24.23 |
| 1984 | 100H (30') | Gail Devers, Sweetwater | 13.41 |
| 2009 | 100H (33') | Danielle Littleton, Vista | 14.13 |
| 1983 | 300H | Gail Devers, Sweetwater | 42.26 |
| 1977 | 4x100 Relay | Crawford | 45.94* |
| | (Young, Reed, Gaston, Lovelady) | | |
| 1996 | 4x400 Relay | Morse | 3:49.12h |
| | (Rankin, Henderson, Groce, Garner) | | |
| 2007 | High Jump | Whitney Sisler, La Costa Canyon | 5-11 |
| 2008 | Pole Vault | Emily Mattoon, Rancho Bernardo | 12-10 |
| 1984 | Long Jump | Gail Devers, Sweetwater | 20-7 |
| 1987 | Triple Jump | Jackie Anderson, Mount Miguel | 41-8 ¼ |
| 2001 | Shot Put | Aiga Marie Taumua, Sweetwater | 46-10 ¼ |
| 1986 | Discus | Lori Parker, Ramona | 162-0 |

(n) Non-winning mark. (h) hand time converted

(*) Converted to metric time from yard time

NOTE: All section records must meet National Federation guidelines

STATE CHAMPS JOCK, MATTOON STAND OUT

When San Diego-area high school track and field historians look back at the 2008 season two things will stand out. First, Mission Bay's Charles Jock became the first Buc in 51 years to win the half mile, joining Jim Cerveny in 1957. Second, Emily Mattoon continued the Rancho Bernardo pole vaulting dynasty by winning the state at 12-6 after pushing the section record to 12-10 at the Palomar League finals.

Jock had a sensational season, announcing his intentions to not only win races, but run fast as he clocked a 1:53.51 at the Arcadia Invitational. In successive days he impressed at the state meet, first cruising to a 1:52.23 in the prelims and then rolling to a 1:51.64 to cross the finish line first.

Not content to end his season there, two weeks later at the Nike Nationals, Jock roared to a 1:50.66, the No. 4 fastest time in section history.

Mattoon joined Olympian Tracy O'Hara (1998) and Kathleen Donoghue (1999) as Broncos standouts to climb to the top of the victory stand at state, soaring over 12-6 with plenty to spare before barely missing 13-feet, while still enjoying setting the section record in the Palomar League championships.

The 2008 season was also marked by an abundance of multi-event phenoms.

Leading the way was football-track standout Nelson Rosario of El Camino who qualified for the state championship meet in the high jump, long jump and triple jump. His 24-8 ½ wind-legal long jump in the section prelims caught section record-holder Doyle Steel's attention and he was in attendance the next week but his 25-5 ¼ record was not threatened.

Rosario also was tops in the triple jump where he has his best performances at state, qualifying for the finals at 47-7 ¾ before making the victory stand with a 47-8 ½ in the championships.

The future UCLA Bruin also cleared 6-8 in the high jump but this year that was only good enough for No. 3 in the section as Poway's Tynan Murray missed the section record by just one inch, clearing 7-1, and Granite Hills' Aaron McCalmont arched over 6-9 at the Sweetwater Relays.

On the girls' front, Rancho Bernardo junior Tenille Stoudenmire topped both sprints, cracking 12-seconds in the 100 meters at 11.99 and besting Hoover's Vanessa Houston in the 200, hitting 24.25 at the state finals. She also had the fastest 400 of the season with a hand-held 56.6.

There will be plenty to look forward to for 2009, especially in the girls distance races where the first six and eight of the 10 fastest runners in the 1600 and 10 of the top 12 are back in the 3200.

Thanks, Thanks, Thanks

This book would not be possible without supporters like George Green, Rick Smith, Buzz Thom, Don Jones and too many others to name individually.

Photo Credits: front, back, and inside by Gabriel Sanchez

2008 BOYS LEADERS

*Junior, **Sophomore, ***Freshman

100 (fully electronic)

| | | |
|-------|----------------------------------|-------------------|
| 10.64 | Jamal Alston, RBV | Arcadia |
| 10.77 | *Joe Cooks, Mission Hills | State Prelims |
| 10.88 | **Bassim El-Sawabi, Torrey Pines | Palomar Finals |
| 11.04 | Elliott Taylor, Mt. Miguel | Grossmont Finals |
| 11.06 | *Ashton Barbour, Carlsbad | Avocado Finals |
| 11.10 | *Joseph Cox, Orange Glen | Escondido |
| 11.11 | *Nick Henderson, Rancho Bernardo | State Prelims |
| 11.11 | *Christian Johnson, Horizon | Section Finals |
| 11.11 | Josh Howard, Serra | Eastern Prelims |
| 11.12 | *Anthony Costello, Mira Mesa | Dual |
| 11.13 | *Marquis Sumpter, Fallbrook | Vista |
| 11.14 | Josh Wade, Point Loma | Eastern Prelims |
| 11.15 | Bradley Carter, Granite Hills | Runge |
| 11.16 | *Travon Van, Helix | Grossmont Prelims |
| 11.16 | Fred Fells, Sweetwater | Mesa Finals |
| 11.16 | *Jason Cofield, Steele Canyon | Grossmont Prelims |
| 11.19 | *Marcus Pierce, Sweetwater | Vista |
| 11.19 | Joey DeMartino, Mt. Carmel | Sundevil |
| 11.19 | Octavio Davila, West Hills | Grossmont Finals |
| 11.20 | Anthony Garcia, RBV | Escondido |
| 11.20 | *Aaron Quintenilla, Palo Verde | IVL Finals |
| 11.21 | *Deonry Johnson, Hoover | City Finals |
| 11.22 | Wesley Merlin, Otay Ranch | Sundevil |
| 11.23 | **Leslie Rogers, Point Loma | Eastern Prelims |
| 11.24 | Kyle Brown, Coronado | City Finals |
| 11.25 | *Alex Johnson, Valhalla | Section Prelims |
| 11.25 | **Anthony Crosland, Lincoln | City Finals |
| 11.25 | Deandre Woods, Steele Canyon | Sundevil |
| 11.26 | *Monte Foster, Otay Ranch | Eastern Prelims |
| 11.27 | *Brock Ringo, Torrey Pines | Falcon |
| 11.27 | Robert Navarro, University City | Eastern Prelims |
| 11.27 | Antoine Jackson, Scripps Ranch | Escondido |
| 11.28 | George Conley, Lincoln | City Finals |
| 11.28 | Chris Leidigh, El Camino | Falcon |
| 11.28 | **Ricky Seale, Escondido | Valley Finals |
| 11.29 | Markus Wilson, Army-Navy | Section Prelims |
| 11.29 | Carlton Billingslea, Madison | City Finals |
| 11.30 | Gerald Kemp, Rancho Bernardo | Falcon |
| 11.30 | Ruben Enriquez, Sweetwater | Runge |

200

| | | |
|-------|-----------------------------------|-----------------|
| 21.35 | *Joe Cooks, Mission Hills | State Prelims |
| 21.60 | Jamal Alston, RBV | Escondido |
| 21.71 | Nico Reavis, Lincoln | Arcadia |
| 21.95 | *Marquis Sumpter, Fallbrook | Dual |
| 22.06 | *Christian Johnson, Horizon | Section Prelims |
| 22.15 | **Josea Tate, Mt. Miguel | Section Prelims |
| 22.17 | *Marcus Pierce, Sweetwater | Section Prelims |
| 22.18 | Paul Villagran, Brawley | Section Prelims |
| 22.19 | Josh Wade, Point Loma | Sundevil |
| 22.21 | Josh Howard, Serra | Eastern Prelims |
| 22.28 | **Leslie Rogers, Point Loma | Eastern Finals |
| 22.40 | *Keegan Ryan, Carlsbad | Avocado Finals |
| 22.45 | *Nick Henderson, Rancho Bernardo | Section Prelims |
| 22.47 | Elliot Taylor, Mt. Miguel | Section Prelims |
| 22.49 | **Ryan Morgan, Ramona | Valley Finals |
| 22.56 | Sterling Williams, San Pasqual | Valley Finals |
| 22.56 | Paul Bryant, Otay Ranch | Escondido |
| 22.57 | **Alex Perlin, Steele Canyon | Section Prelims |
| 22.57 | *Arzhang Badiosohami, Westview | Dual |
| 22.62 | **Bassim El-Sawabi, Torrey Pines | Palomar Prelims |
| 22.62 | *Christian Yu, Vista | Avocado Finals |
| 22.64 | Lucas Stafford, El Cajon | Runge |
| 22.65 | Gerald Kemp, Rancho Bernardo | Section Prelims |
| 22.68 | *Ashlon Barbour, Carlsbad | Avo Prelims |
| 22.68 | *Adrian DelCastillo, Vista | Avocado Finals |
| 22.68 | Brendan Carter, Granite Hills | Section Prelims |
| 22.72 | Anthony Garcia, RBV | Escondido |
| 22.76 | *Bubba Velasquez, Rancho Bernardo | Palomar Prelims |

400

| | | |
|-------|----------------------------------|-----------------|
| 47.20 | Nico Reaves, Lincoln | State Finals |
| 47.80 | *Joe Cooks, Mission Hills | Escondido |
| 48.16 | **Ryan Morgan, Ramona | Section Finals |
| 48.30 | *Marquis Sumpter, Fallbrook | Section Finals |
| 48.47 | Charles Jock, Mission Bay | UCSD |
| 48.78 | Chris Phillips, Lincoln | Section Finals |
| 49.17 | *Keegan Ryan, Carlsbad | Section Prelims |
| 49.32 | *Marcus Pierce, Sweetwater | Mesa Prelims |
| 49.84 | *Sean Adams, Valley Center | Valley Finals |
| 49.86 | Paul Villagran, Brawley | Section Prelims |
| 49.86 | Daniel Thomas, Cathedral | Western Prelims |
| 49.94 | **Hector Collazzo, Mission Hills | Section Finals |
| 50.12 | Isaac Cannon, Lincoln | Arcadia |
| 50.15 | Phillip Hartdegen, RBV | Avocado Finals |
| 50.28 | **Josea Tate, Mt. Miguel | Section Finals |

| | | |
|-------|----------------------------------|-----------------|
| 50.29 | *Nick Barnes, Bonita Vista | Section Prelims |
| 50.39 | ***Alex Allen, Mt. Carmel | Section Prelims |
| 50.45 | **Alfredo Corral, Bishop's | Coastal Finals |
| 50.45 | **Chancise Watkins, Palo Verde | IVL Finals |
| 50.46 | *Adrian DelCastillo, Vista | Avocado Finals |
| 50.50 | *Maxwell Thompson, Scripps Ranch | Section Prelims |
| 50.54 | *Devin Danzler, Morse | Eastern Finals |
| 50.64 | Alex Perez, Ramona | Valley Finals |
| 50.74 | **Andy Brock, Mt. Carmel | Palomar Finals |
| 50.90 | **DeForest Brown, Serra | Eastern Finals |
| 50.97 | Jamie Dale, Steele Canyon | Vista |
| 50.98 | *Antoine Furbert, Chula Vista | Mesa Finals |
| 50.98 | Paul Bryant, Otay Ranch | Dual |

800

| | | |
|---------|----------------------------------|-----------------|
| 1:50.40 | *Mac Fleet, University City | UCSD |
| 1:50.66 | Charles Jock, Mission Bay | Nike Nationals |
| 1:55.20 | Bret Hasvold, Fallbrook | State Prelims |
| 1:55.22 | Aaron Fenlason, Rancho Bernardo | Escondido |
| 1:55.74 | *Kenneth Raedel, San Pasqual | Escondido |
| 1:55.80 | *Alfred Haselrig, Otay Ranch | Mesa Finals |
| 1:56.36 | *James Patterson, Torrey Pines | Section Finals |
| 1:56.67 | Derek Groom, Bonita Vista | Mesa Finals |
| 1:56.87 | Todd Van Duzer, Fallbrook | Escondido |
| 1:57.33 | Zack Brown, Mira Mesa | Section Prelims |
| 1:57.54 | Dean Manley, Ramona | Section Finals |
| 1:57.58 | *Andrew Imthurn, Steele Canyon | Section Finals |
| 1:57.63 | *Josh Settles, Carlsbad | Avocado Finals |
| 1:57.72 | *Sam St. Laurent, El Camino | Avocado Prelims |
| 1:57.75 | Edgar Lolez, Mar Vista | Section Finals |
| 1:57.80 | Matt Corey, Steele Canyon | Escondido |
| 1:57.83 | Drew Flood, Rancho Bernardo | Escondido |
| 1:57.98 | Hector Gonzalez, Valley Center | Escondido |
| 1:58.07 | James Pease, Carlsbad | Escondido |
| 1:58.09 | Cyrus DeRoziars, University City | Eastern Finals |
| 1:58.28 | Josh Smith, Fallbrook | Avocado Prelims |
| 1:58.7 | *Colin Jarvis, RBV | Dual |
| 1:58.88 | Costner McIntosh, Patrick Henry | Eastern Finals |
| 1:58.99 | Hector Gonzalez, Valley Center | Section Finals |
| 1:59.0 | *Dexter Wood, El Camino | Avocado Prelims |
| 1:59.15 | Gregor Lloyd-Smith, Torrey Pines | Falcon |
| 1:59.30 | **Ben Booker, University City | Section Finals |
| 1:59.45 | *Alejandro Aparicio, Sweetwater | Mesa Finals |
| 1:59.65 | Sam Kassler, Escondido | Valley Finals |
| 1:59.74 | *Eric Osuna, Bonita Vista | Mesa Finals |

1600

| | | |
|----------|--------------------------------------|------------------|
| 4:12.81 | *Mac Fleet, University City | Section Finals |
| 4:14.74 | *Colin Jarvis, RBV | Section Finals |
| 4:14.97 | *Kenneth Raedel, San Pasqual | Section Finals |
| 4:15.17 | Bret Hasvold, Fallbrook | Section Finals |
| 4:18.77 | Adrian Sherrod, Steele Canyon | Grossmont Finals |
| 4:19.13 | Edger Lopez, Mar Vista | Section Finals |
| 4:22.01 | Gregor Lloyd-Smith, Torrey Pines | Sundevil |
| 4:22.04 | Brian Randlett, Valhalla | Grossmont Finals |
| 4:23.70 | **Eamonn McCarey, Clairemont | Section Prelims |
| 4:22.27c | **Jacob Roach, Otay Ranch | Arcadia |
| 4:24.04 | Drew Flood, Rancho Bernardo | Palomar Finals |
| 4:24.39 | Sean Proehl, Rancho Bernardo | Section Finals |
| 4:24.71 | *Uriel Aguirre, Fallbrook | Section Finals |
| 4:24.93 | *Dahir Mohammed, Hoover | Mt. SAC |
| 4:24.98 | *Dillon Jack, Torrey Pines | Palomar Finals |
| 4:25.53 | Brandon Velasquez, Otay Ranch | Mesa Finals |
| 4:25.75 | Josh Oldham, Canyon Crest | Section Prelims |
| 4:25.78 | **Dylan Marx, Mt. Miguel | Grossmont Finals |
| 4:26.31 | *Adrian Rafiee, Patrick Henry | Eastern Finals |
| 4:26.48 | *Alex Poyhonen, LJCD | Section Prelims |
| 4:27.11 | **Francisco Lemus, Central | IVL Finals |
| 4:27.53 | *Guadalupe Gonzales, University City | Section Prelims |
| 4:27.55 | Thomas Estrada, RBV | Avocado Finals |
| 4:27.83 | **Sam Lopez, Brawley | IVL Finals |
| 4:28.42 | *Justin Haley, Cathedral | Section Prelims |
| 4:28.68 | **Dennis Roth, LJCD | Section Finals |
| 4:28.79 | Dean Manley, Ramona | Sundevil |

3200

| | | |
|---------|----------------------------------|-----------------|
| 9:17.97 | Adrian Sherrod, Steele Canyon | State Finals |
| 9:22.67 | *Colin Jarvis, RBV | Escondido |
| 9:25.17 | **Kellen Blumberg, Patrick Henry | State Finals |
| 9:26.80 | Brandon Velasquez, Otay Ranch | Sundevil |
| 9:27.24 | *Diego Vega, Orange Glen | Escondido |
| 9:29.32 | *Dahir Mohamed, Hoover | Escondido |
| 9:33.27 | *Adrian Rafiee, Patrick Henry | Section Prelims |
| 9:33.95 | *Alfredo Rodriguez, Bonita Vista | Mesa Finals |
| 9:38.72 | Jared Threw, RBV | Escondido |
| 9:39.31 | Rus Mundae, San Pasqual | Escondido |
| 9:40.84 | Edgar Lopez, Mar Vista | Escondido |
| 9:42.16 | Andrew Hunter, RBV | Avocado Finals |
| 9:43.0 | ***Chris Brewer, RBV | Dual |
| 9:44.40 | Casper Jakobsen, Carlsbad | Avocado Finals |
| 9:44.43 | Thomas Estrada, RBV | Bronco |
| 9:45.8 | ***Eamann McCarey, Clairemont | City Finals |
| 9:46.45 | Nathan Luke, Mt. Carmel | Escondido |

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|---------|------------------------------|------------------|
| 9:47.28 | *Alex Poyhonen, LJCD | Section Finals |
| 9:48.29 | *Dillon Jack, Torrey Pines | Sundevil |
| 9:48.36 | **Dylan Marx, Mt. Miguel | Grossmont Finals |
| 9:48.9 | Ben Enowitz, Coronado | City Finals |
| 9:50.58 | ***Shia Agbede, Bonita Vista | Mesa Finals |
| 9:51.23 | Sean Proehl, Rancho Bernardo | Palomar Finals |
| 9:51.80 | John Maheu, Westview | Palomar Finals |
| 9:52.32 | Cameron Sundin, Helix | Grossmont Finals |
| 9:52.6 | Drew Flood, Rancho Bernardo | Dual |
| 9:53.07 | Daniel Clark, Carlsbad | Avocado Finals |
| 9:53.37 | Leon Medina, Otay Ranch | Mesa Finals |
| 9:53.57 | *Tommy Kroll, Cathedral | Section Prelims |

110 High Hurdles

| | | |
|-------|---------------------------------|------------------|
| 14.50 | Marcus Vasquez, Otay Ranch | Mesa Prelims |
| 14.61 | **Kevin Finley, Granite Hills | Section Finals |
| 14.67 | *David Klarer, Steele Canyon | Escondido |
| 14.70 | *Ramsey Hopkins, Torrey Pines | State Prelims |
| 14.81 | Maurice Strickland, Chula Vista | Section Prelims |
| 14.85 | Vince Walters, Vista | Section Prelims |
| 14.87 | *Brandon Chambers, Mira Mesa | Eastern Finals |
| 14.98 | *Tyler Creswell, Ramona | Section Finals |
| 15.00 | Julian Blaseio, Torrey Pines | Section Prelims |
| 15.07 | *James Johnson, Valley Center | Section Finals |
| 15.08 | *Sean Rush, Otay Ranch | Escondido |
| 15.09 | *Elijah Muhammed, Morse | Section Finals |
| 15.28 | **Teray Sam, Otay Ranch | Section Prelims |
| 15.31 | *Marquel Specks, Point Loma | Escondido |
| 15.41 | Brandon Giandoni, Valhalla | Section Finals |
| 15.41 | Chris Leidigh, El Camino | Avocado Finals |
| 15.43 | Bernie King, Bonita Vista | Mesa Finals |
| 15.46 | *Fiore Ayala, Calexico | IVL Finals |
| 15.49 | *Michael Prizzi, Mission Hills | Valley Finals |
| 15.51 | *David Hernandez, Central | IVL Finals |
| 15.52 | Max Batch, RBV | Avocado Finals |
| 15.54 | Carlos Ruiz, Southwest | Escondido |
| 15.56 | Cody Kleppe, RBV | Section Prelims |
| 15.56 | J.R. Charles, Rancho Bernardo | Palomar Finals |
| 15.60 | **Derek Beck, Point Loma | Dual |
| 15.61 | *Jason Cofield, Steele Canyon | Gross Finals |
| 15.67 | Zach Parks, Eastlake | Mesa Prelims |
| 15.76 | *James Rollings, Valhalla | Grossmont Finals |
| 15.76 | Kevin Kelly, El Cajon Valley | Grossmont Finals |

300 Hurdles

| | | |
|-------|--------------------------------|-----------------|
| 38.03 | *David Klarer, Steele Canyon | State Prelims |
| 38.72 | Niko Salazar, Otay Ranch | Mesa Finals |
| 38.86 | *Michael Prizzi, Mission Hills | Section Prelims |
| 38.87 | Vince Walters, Vista | Section Finals |

| | | |
|-------|---------------------------------|------------------|
| 38.94 | Chris Leidigh, El Camino | Section Prelims |
| 39.23 | *Brandon Chambers, Mira Mesa | Eastern Finals |
| 39.5 | Maurice Strickland, Chula Vista | Dual |
| 39.63 | Gregory Casey, Lincoln | Section Prelims |
| 39.66 | Robert Navarro, University City | Section Prelims |
| 40.11 | *Ramsey Hopkins, Torrey Pines | Sundevil |
| 40.13 | Zach Parks, Eastlake | Mesa Finals |
| 40.17 | Bernie King, Bonita Vista | Mesa Finals |
| 40.29 | *Valentino Hodgson, Grossmont | Grossmont Finals |
| 40.33 | *Elijah Muhammed, Morse | Sundevil |
| 40.42 | Justin Johnson, Steele Canyon | Section Prelims |
| 40.43 | Carlos Ruiz, Southwest | South Bay Finals |
| 40.47 | Cody Kleppe, RBV | Section Prelims |
| 40.49 | James Serrano, Ramona | Valley Finals |
| 40.50 | **Teray Sam, Otay Ranch | Mesa Prelims |
| 40.75 | **Kevin Finley, Granite Hills | Section Prelims |
| 40.81 | Nick Barton, San Pasqual | Section Prelims |
| 40.8 | *James Johnson, Valley Center | Dual |
| 40.90 | Julian Blaseio, Torrey Pines | Falcon |
| 41.0 | *James Rollings, Valhalla | Dual |
| 41.10 | *James Mudd, Steele Canyon | Grossmont Finals |
| 41.10 | Kevin Miller, La Jolla | Dual |
| 41.11 | Willie Washington, Mission Bay | Section Prelims |
| 41.19 | Ryan O'Hara, Westview | Palomar Prelims |
| 41.20 | *Ashton Bronstin, Esco. Charter | Section Prelims |

400 Relay

| | | |
|-------|-----------------|------------------|
| 41.72 | Steele Canyon | State Prelims |
| 41.96 | Lincoln | Section Finals |
| 41.97 | Sweetwater | State Prelims |
| 42.21 | Rancho Bernardo | State Prelims |
| 42.36 | RBV | Section Finals |
| 42.3 | Granite Hills | Grossmont Finals |
| 42.3 | Helix | Dual |
| 42.46 | Otay Ranch | Mesa Finals |
| 42.80 | Mission Hills | Valley Finals |
| 43.18 | Ramona | Section Finals |
| 43.24 | Fallbrook | Avocado Finals |
| 43.28 | Horizon | Coastal Finals |
| 43.37 | Carlsbad | Avocado Finals |
| 43.39 | Escondido | Valley Finals |
| 43.42 | Westview | Escondido |
| 43.44 | Point Loma | Eastern Finals |
| 43.52 | Mira Mesa | Eastern Finals |
| 43.55 | Vista | Avocado Finals |
| 43.61 | Torrey Pines | Palomar Finals |
| 43.67 | Morse | Eastern Finals |
| 43.6 | Scripps Ranch | Dual |
| 43.73 | Poway | Dual |
| 43.79 | University City | Section Prelims |

| | | |
|-------|---------------|----------------|
| 43.82 | St. Augustine | Western Finals |
| 43.91 | Hoover | City Finals |
| 43.92 | Eastlake | Mesa Finals |
| 44.00 | Valhalla | Runge |

1600 Relay

| | | |
|---------|--------------------|------------------|
| 3:15.66 | Lincoln | State Prelims |
| 3:18.90 | Mission Hills | State Prelims |
| 3:20.79 | Steele Canyon | Section Finals |
| 3:21.54 | Ramona | Section Finals |
| 3:22.29 | Otay Ranch | Section Prelims |
| 3:22.58 | RBV | Section Finals |
| 3:24.85 | Fallbrook | Avocado Finals |
| 3:24.96 | Carlsbad | Avocado Finals |
| 3:25.00 | Vista | Avocado Finals |
| 3:25.49 | University City | Section Finals |
| 3:26.15 | El Camino | Avocado Finals |
| 3:26.81 | La Jolla | Section Finals |
| 3:26.94 | Rancho Bernardo | Palomar Finals |
| 3:27.02 | Helix | Grossmont Finals |
| 3:27.07 | Serra | Eastern Finals |
| 3:27.69 | Cathedral Catholic | Section Finals |
| 3:27.70 | Valley Center | Section Prelims |
| 3:27.75 | Morse | Eastern Finals |
| 3:28.0 | Point Loma | Dual |
| 3:28.24 | Poway | Palomar Finals |
| 3:28.85 | Bonita Vista | Mesa Finals |
| 3:29.93 | Hilltop | South Bay Finals |
| 3:30.01 | St. Augustine | Section Prelims |
| 3:30.03 | Bishop's | Coastal Finals |
| 3:30.36 | El Cajon Valley | Grossmont Finals |
| 3:30.3 | Torrey Pines | Dual |
| 3:30.57 | Castle Park | South Bay Finals |
| 3:30.68 | West Hills | Grossmont Finals |

High Jump

| | | |
|-----|--------------------------------|-----------------|
| 7-1 | Tynan Murray, Poway | Section Prelims |
| 6-9 | Aaron McCalmont, Granite Hills | Sweetwater |
| 6-8 | Nelson Rosario, El Camino | Escondido |
| 6-6 | *Ramsey Hopkins, Torrey Pines | Dual |
| 6-6 | *Axel Anderson, Point Loma | Dual |
| 6-5 | Paul Bryant, Otay Ranch | Mesa Finals |
| 6-4 | Marvin Wright, Otay Ranch | Escondido |
| 6-4 | Marcus Vasquez, Otay Ranch | Escondido |
| 6-4 | Colin Hamill, RBV | Sundevil |
| 6-4 | **Cole Short, Torrey Pines | Frosh-Soph |
| 6-4 | Elijah Carter, Steele Canyon | Dual |
| 6-4 | Daniel Scherer, Ramona | Dual |
| 6-4 | Brian Wilson, Mission Hills | Dual |

| | | |
|-------|-----------------------------------|-----------------|
| 6-4 | Rahmore Davis, Otay Ranch | Dual |
| 6-2 ¼ | Kevin Miller, La Jolla | Dual |
| 6-2 | *James Mudd, Steele Canyon | Section Prelims |
| 6-2 | Bevin Johnson, Holtville | IVL Finals |
| 6-2 | *Jason Allison, Westview | Escondido |
| 6-2 | Lee Gill, St. Augustine | Falcon |
| 6-2 | **Andrew Carbajal, Bonita Vista | Runge |
| 6-2 | Tyler Hanks, Mission Hills | Dual |
| 6-2 | **Linden Scott, Ramona | Dual |
| 6-2 | **Tyler Jordan, Ramona | Dual |
| 6-2 | Quincy Lawson, Vista | Dual |
| 6-2 | Jesse Richards, Steele Canyon | Dual |
| 6-1 | ***Brandon Ford, Mt. Carmel | Sundevil |
| 6-1 | *Garrett Middleton, West Hills | Sundevil |
| 6-1 | Kawika Kaihewalu, Rancho Bernardo | Sundevil |
| 6-1 | Alex Hasty, Escondido | Dual |

Pole Vault

| | | |
|-------|------------------------------------|-----------------|
| 15-6 | Nathan Will, Rancho Bernardo | Falcon |
| 14-7 | **Jeremy McGrath, La Jolla | Frosh-Soph |
| 14-6 | Dylan Fitzgerald, Steele Canyon | State Prelims |
| 14-1 | *Chris Ludwig, Rancho Bernardo | Dual |
| 13-10 | Maurice Strickland, Chula Vista | Section Finals |
| 13-10 | **Travis Voorhees, Rancho Bernardo | Section Prelims |
| 13-9 | Calvin Smith, Escondido | Escondido |
| 13-6 | *Ben Coraglier, Carlsbad | Valley Center |
| 13-6 | Dylan Britton, Vista | Dual |
| 13-6 | *Anthony Quintero, Eastlake | Dual |
| 13-6 | *Scott Stamor, Torrey Pines | Dual |
| 13-4 | **Derek Green, Poway | Section Prelims |
| 13-4 | Michael McClellon, Valley Center | Dual |
| 13-3 | Pete DeBruyn, Valley Center | Escondido |
| 13-3 | Dan Ragsdale, Steele Canyon | Dual |
| 13-2 | **Kevin Finley, Granite Hills | Dual |
| 13-2 | **Justin Fox, La Costa Canyon | Dual |
| 13-2 | **Daniel Spencer, Carlsbad | Sundevil |
| 13-1 | **Skyler Gordon, Scripps Ranch | Frosh-Soph |
| 13-1 | **Anthony Pando, Fallbrook | Frosh-Soph |
| 13-0 | Max Sutton-Smolyn, Torrey Pines | Palomar Finals |
| 13-0 | Craig Wilson, Poway | Valley Center |
| 13-0 | *Tommy Skinner, Fallbrook | Valley Center |
| 13-0 | *Gerald Golden, Rancho Bernardo | Vista |
| 13-0 | *Marcus Strauss, Mt. Carmel | Dual |

Long Jump

| | | |
|--------|------------------------------|-----------------|
| 24-8 ½ | Nelson Rosario, El Camino | Section Prelims |
| 23-1 ¾ | Marvin Wright, Otay Ranch | Section Prelims |
| 23-0 | Terrell Moore, Lincoln | City Finals |
| 22-11 | *Aaron Harris, Granite Hills | Section Prelims |

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|---------|-------------------------------------|------------------|
| 22-8 | Alante Womack, San Diego | Dual |
| 22-7 ¼ | Kyle Brown, Coronado | Section Prelims |
| 22-7 | Gerald Kemp, Rancho Bernardo | Section Prelims |
| 22-2 | *Brock Ringo, Torrey Pines | Palomar Finals |
| 22-2 | Branden Brown, Steele Canyon | Dual |
| 22-1 | *Zach McMaster, Mission Hills | Valley Finals |
| 22-1 | Jamie Dale, Steele Canyon | Dual |
| 21-10 ½ | Kawika Kaihewalo, Rancho Bernardo | Section Prelims |
| 21-9 ¼ | Tynan Murray, Poway | Dual |
| 21-8 ½ | Corey Vonder Reith, La Costa Canyon | Palomar Finals |
| 21-7 | Sterling Williams, San Pasqual | Valley Finals |
| 21-6 ½ | *Deontry Johnson, Hoover | Bronco |
| 21-5 ¼ | Cory Jackson, El Cajon Valley | Grossmont Finals |
| 21-4 | Carlton Billingslea, Madison | Section Prelims |
| 21-4 | Tyler Hanks, Mission Hills | Dual |
| 21-4 | Bernie King, Bonita Vista | Dual |
| 21-4 | *Ramsey Hopkins, Torrey Pines | Dual |
| 21-3 ¾ | Michael Graham, Grossmont | Dual |
| 21-3 | John Reese, Serra | Dual |
| 21-1 ½ | Qualin Simmons, Mission Bay | Sundevil |
| 21-1 | Anthony Garcia, RBV | Avocado Prelims |
| 21-0 ¾ | Marcus Gibson, University City | Dual |
| 21-0 | *Quincy Lawson, Vista | Avocado Finals |
| 21-0 | Brian Wilson, Mission Hills | Dual |

Triple Jump

| | | |
|---------|-----------------------------------|------------------|
| 47-8 ½ | Nelson Rosario, El Camino | State Finals |
| 47-2 ½ | Marvin Wright, Orange Glen | Escondido |
| 45-10 | Alante Womack, San Diego | Dual |
| 45-2 | *Quincy Lawson, Vista | Section Finals |
| 44-11 | Kyle Brown, Coronado | City Finals |
| 44-8 | *Ramsey Hopkins, Torrey Pines | Section Prelims |
| 44-8 | Trevor Long, Mission Hills | Valley Finals |
| 44-7 | Terrell Moore, Lincoln | Section Finals |
| 44-6 ½ | **Tyler Moore, Escondido | Valley Finals |
| 44-4 ½ | Colton Marquardt, Torrey Pines | Dual |
| 44-3 ½ | Frankie Zimmerman, Oceanside | Escondido |
| 44-3 | Kawika Kaihewalo, Rancho Bernardo | Dual |
| 44-2 ½ | *Deontry Johnson, Hoover | Section Prelims |
| 44-1 | *Albert Lee, Scripps Ranch | Section Prelims |
| 44-0 ½ | Richard Crawford, El Camino | Section Prelims |
| 43-11 | Carlton Billinglea, Madison | Escondido |
| 43-10 ½ | John Reese, Serra | Section Prelims |
| 43-10 | *Kyle Jasperse, Calvin | Costal Finals |
| 43-6 | **Justin Malishan, Mission Hills | Valley Finals |
| 43-5 | Andrew Karnaze, San Pasqual | Valley Finals |
| 43-5 | Gerald Harris, Granite Hills | Vista |
| 42-11 ¾ | Brandon Brown, Steele Canyon | Grossmont Finals |
| 42-11 | Michael Graham, Grossmont | Dual |
| 42-9 ½ | Phillip Fowler, Madison | Escondido |

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|------|-----------------------------|----------------|
| 42-9 | *Roshawn Broadnax, Helix | Sundevil |
| 42-9 | Travis Venzant, El Camino | Avocado Finals |
| 42-7 | *Kevin Wright, Grossmont | Dual |
| 42-6 | Nick Mendoza, Steele Canyon | Dual |

Shot Put

| | | |
|---------|----------------------------------|------------------|
| 61-2 ¼ | David Spates, Monte Vista | Section Prelims |
| 57-3 ¾ | Dane Chobanian, Scripps Ranch | State Prelims |
| 55-11 ½ | *Isaiah Forney, Mission Bay | Section Finals |
| 55-8 ¾ | **Jose Aviles, La Jolla | Section Finals |
| 55-4 | Landon Turley, Granite Hills | Grossmont Finals |
| 54-11 | Julian Samson, Otay Ranch | Dual |
| 54-5 | Jack Reeves, Steele Canyon | Section Prelims |
| 54-0 ¼ | *Blake Asbill, Carlsbad | Section Finals |
| 53-10 | Nick Mohadjer, El Camino | Escondido |
| 53-6 | Derek Harrebomee, St. Augustine | Dual |
| 53-1 | Derek Holsapple, St. Augustine | Dual |
| 52-9 | Chris Coleman, Serra | Section Finals |
| 52-7 | *Joe Morgan, Serra | Dual |
| 52-6 ½ | Jacob Leoh, Westview | Section Prelims |
| 52-3 | Jason Klingerman, Valley Center | Section Finals |
| 51-10 | Dan Corbin, Torrey Pines | Dual |
| 51-1 | *Ali McTar, Otay Ranch | Dual |
| 51-5 | Zeke Mauga, Oceanside | Escondido |
| 50-10 | Nestor Mendoza, Valley Center | Section Prelims |
| 50-10 | Ray Lian, Fallbrook | Dual |
| 50-6 | Daniel Alesi, Christian | City Prelims |
| 49-9 | Kyle Stratton, El Capitan | Grossmont Finals |
| 49-2 ½ | Ian Sluss, RBV | Escondido |
| 48-11 ¼ | *Michael Jensen, Rancho Bernardo | Dual |
| 48-9 ½ | **Chad Dobbins, Mission Hills | Frosh-Soph |
| 48-7 | ***Chase Wick, Carlsbad | Dual |
| 48-4 | Tim Sigman, Steele Canyon | Vista |
| 48-4 | Nick Carmichael, Rancho Bernardo | Palomar Finals |
| 48-4 | *Kellon Johnson, West Hills | Grossmont Finals |
| 48-2 | Deryck Beveridge, El Capitan | Grossmont Finals |
| 48-2 | *Brian Ritter, Steele Canyon | Grossmont Finals |
| 48-0 | *Julian Allotta, Rancho Bernardo | Section Prelims |

Discus

| | | |
|-------|----------------------------------|----------------|
| 183-4 | David Spates, Monte Vista | Arcadia |
| 177-1 | Dane Chibanian, Scripps Ranch | Escondido |
| 176-6 | Nick Mohadjer, El Camino | Dual |
| 174-9 | Julian Samson, Otay Ranch | Mesa Finals |
| 170-6 | Ryan Lian, Fallbrook | State Prelims |
| 169-1 | *Julian Allotta, Rancho Bernardo | Section Finals |
| 161-8 | Jason Klingerman, Valley Center | Dual |
| 156-6 | *Dillon Bales, Escondido | Section Finals |
| 155-5 | *Dan Williams, Steele Canyon | Dual |

| | | |
|--------|----------------------------------|------------------|
| 154-1 | Andy Altman, LJCD | Section Prelims |
| 153-11 | Jack Reeves, Steele Canyon | Section Prelims |
| 152-8 | *Blake Alsbill, Carlsbad | Dual |
| 151-2 | Kiso Fuletufuga, Morse | Section Finals |
| 150-7 | Chris Coleman, Serra | Dual |
| 150-0 | *Brian Ritter, Steele Canyon | Dual |
| 149-6 | *Garrett Trainor, Poway | Dual |
| 148-5 | **Bryant Haro, Otay Ranch | Dual |
| 148-2 | *Vaughn Butler, St. Augustine | Mustang |
| 147-9 | Zeke Mauga, Carlsbad | Dual |
| 147-5 | *Anthony Solis, El Capitan | Grossmont Finals |
| 147-0 | Daniel LaRussa, West Hills | Grossmont Finals |
| 146-9 | *Ali McTar, Otay Ranch | Dual |
| 146-6 | Nick Carmichael, Rancho Bernardo | Palomar Finals |
| 145-4 | Brogan Heden, Torrey Pines | Section Finals |
| 145-2 | Jacob Loeh, Westview | Dual |

2008 GIRLS LEADERS

*Junior, **Sophomore, ***Freshman

100 (fully electronic)

| | | |
|-------|--|------------------|
| 11.99 | *Tenille Stoudenmire, Rancho Bernardo | Palomar Finals |
| 12.21 | *Vanessa Houston, Hoover | State Prelims |
| 12.23 | ***Janay Pierce, University City | Section Prelims |
| 12.24 | *Tori Tajeron, Granite Hills | Grossmont Finals |
| 12.28 | Jayna Thomas, Poway | Palomar Finals |
| 12.32 | Alissa Sanchez, Cathedral | Section Prelims |
| 12.34 | **Jenna Puterbaugh, Santa Fe Christian | Section Finals |
| 12.46 | Shantel Clark, Poway | Palomar Finals |
| 12.46 | **Austin Sanders, Parker | Section Prelims |
| 12.49 | Lauren Rickman, Morse | Sundevil |
| 12.50 | ***Brianna Soto, Holtville | Dual |
| 12.54 | **Kortney Ross, Westview | Frosh-Soph |
| 12.54 | Kaylyn Parrish, Scripps Ranch | Dual |
| 12.55 | *Brianna Ellis, Torrey Pines | Palomar Finals |
| 12.55 | **Iesha Iwobe, Oceanside | Frosh-Soph |
| 12.56 | **Corina Hecker, Carlsbad | Dual |
| 12.58 | Crystal Spears, Scripps Ranch | Dual |
| 12.65 | *Krystle Osby, Escondido | Escondido |
| 12.65 | **Paige Neville, Steele Canyon | Frosh-Soph |
| 12.65 | ***Destinee Harrison, Morse | Frosh-Soph |
| 12.65 | **Kiley Henry, La Jolla | Dual |
| 12.68 | *Shantinae Evans, Morse | Eastern Prelims |
| 12.69 | Danielle Manson, Morse | Sundevil |
| 12.70 | *Brooke Gamble, Poway | Palomar Prelims |
| 12.70 | ***Tia Knight, Helix | Grossmont Finals |
| 12.72 | *Brittany Jones, Mira Mesa | Eastern Finals |
| 12.76 | ***Jasmine Harris, El Cajon Valley | Dual |

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|-------|-------------------------------|---------------|
| 12.77 | ***Leia Hanlon, Mission Hills | Valley Finals |
| 12.79 | *Rachel Lofton, Westview | Dual |
| 12.80 | ***Kianna Valdez, Central | Dual |

200

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|-------|--|------------------|
| 24.25 | *Tenille Stoudenmire, Rancho Bernardo | State Finals |
| 24.64 | *Vanessa Houston, Hoover | Section Prelims |
| 24.88 | **Jenna Puterbaugh, Santa Fe Christian | State Prelims |
| 24.94 | Shantel Clark, Poway | Section Prelims |
| 25.26 | ***Janay Pierce, University City | Section Prelims |
| 25.38 | Danielle Manson, Morse | Eastern Finals |
| 25.46 | Crystal Spears, Scripps Ranch | Section Prelims |
| 25.50 | ***Destinee Harrison, Morse | Eastern Finals |
| 25.52 | Alissa Sanchez, Cathedral | Section Finals |
| 25.54 | Alex Webber, Poway | Section Prelims |
| 25.55 | Kaylyn Parrish, Scripps Ranch | Western Finals |
| 25.61 | Amanda Winninghoff, RBV | Avocado Finals |
| 25.73 | *Tori Tajjeran, Granite Hills | Section Prelims |
| 25.74 | ***Jessica Carrillo, Hilltop | Frosh-Soph |
| 25.81 | *Kortney Ross, Westview | Palomar Prelims |
| 25.83 | Lauren Rickman, Morse | Eastern Finals |
| 25.86 | *Brooke Gamble, Poway | Palomar Prelims |
| 25.87 | ***Leia Hanlon, Mission Hills | Valley Finals |
| 25.91 | Kelsee Ramsey, El Capitan | Grossmont Finals |
| 25.93 | **Corina Hecker, Carlsbad | Section Prelims |
| 25.97 | ***Kimberli Flournoy, Horizon | Section Prelims |
| 26.00 | **Ariel Hood, Morse | Dual |
| 26.01 | *Krystle Osby, Escondido | Escondido |
| 26.06 | *Brittany Jones, Mira Mesa | Eastern Finals |
| 26.13 | **Breanna Ellis, Torrey Pines | Section Prelims |
| 26.16 | Yazmine Modeste, Scripps Ranch | Dual |
| 26.27 | **Ivana Jackson, Steele Canyon | Frosh-Soph |
| 26.35 | **Gabby Norby, Carlsbad | Avocado Finals |

400

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|-------|---------------------------------------|-----------------|
| 56.6 | *Tenille Stoudenmire, Rancho Bernardo | Dual |
| 57.11 | *Vanessa Houston, Hoover | Bronco |
| 57.13 | **Demi Lucero, Escondido | Section Finals |
| 57.18 | **Maila Lucht, Sweetwater | Runge |
| 57.5 | Ashlin Yahr, Torrey Pines | Dual |
| 57.60 | Yazmine Modeste, Scripps Ranch | Section Finals |
| 58.43 | Niki Novak, Mira Mesa | Runge |
| 58.61 | ***Alex Parks, Mt. Carmel | Section Finals |
| 58.62 | ***Destinee Harrison, Morse | Eastern Finals |
| 58.64 | Amanda Johnson, El Camino | Avocado Finals |
| 58.7 | ***Kimbrelly Flournoy, Horizon | Dual |
| 58.77 | Romaine Desclos, University City | Eastern Finals |
| 58.80 | Erica Gove, Granite Hills | Section Prelims |
| 58.95 | Alex Webber, Poway | Palomar Prelims |

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|-------|-----------------------------------|------------------|
| 59.17 | *Cecelia Beauchamp, Carlsbad | Section Finals |
| 59.35 | *Jackae Bridges, Mater Dei | South Bay Finals |
| 59.37 | Jamie Ferguson, El Capitan | Grossmont Finals |
| 59.43 | ***Jessica Carrillo, Hilltop | South Bay Finals |
| 59.49 | **Camille Alvarado, Mater Dei | South Bay Finals |
| 59.72 | *Kayla Nelson, Patrick Henry | Section Finals |
| 59.74 | Breena Wilburn-Blake, Mission Bay | Runge |
| 59.81 | Jovan Peterson, San Diego | Eastern Finals |
| 59.87 | ***Lettie Williams, Torrey Pines | Palomar Prelims |
| 59.89 | *Tess Plant-Thomas, La Jolla | Dual |
| 59.92 | **Kassandra McDaniel, Vista | Avocado Finals |
| 59.96 | Bonnie Ayala, Otay Ranch | Section Prelims |

800

| | | |
|---------|-----------------------------------|------------------|
| 2:12.71 | *Elizabeth Apgar, Lincoln | Section Finals |
| 2:14.38 | *Tess Plant-Thomas, La Jolla | Section Finals |
| 2:14.8 | ***Alli Billmeyer, Torrey Pines | Dual |
| 2:15.25 | *Erin Gillingham, Torrey Pines | State Prelims |
| 2:15.61 | Niki Nivak, Mira Mesa | Section Finals |
| 2:16.5 | Ashlin Yahr, Torrey Pines | Dual |
| 2:16.81 | ***Lauren Hall, Mt. Carmel | Palomar Finals |
| 2:17.13 | **Michelle Cruz, Vista | Section Finals |
| 2:17.37 | *Nihal Kayali, La Jolla | Dual |
| 2:18.17 | Nicole Aurigemma, Carlsbad | Sundevil |
| 2:18.44 | ***Amanda Mulkey, Fallbrook | Avocado Prelims |
| 2:19.10 | **Maila Lucht, Sweetwater | Section Finals |
| 2:20.06 | ***Jenny Yeaman, Mission Hills | Valley Finals |
| 2:20.42 | Sarah Vitug, University City | Eastern Finals |
| 2:20.4 | ***Shanna St. Laurent, RBV | Dual |
| 2:20.86 | **Amanda Post, Cathedral | Western Finals |
| 2:20.9 | Katy Andrews, La Costa Canyon | Dual |
| 2:21.15 | *Brittany Balcom, Ramona | Section Prelims |
| 2:21.6 | *Katie Sanger, Valley Center | Dual |
| 2:21.71 | **Elizabeth Lorentz, Poway | Palomar Prelims |
| 2:21.84 | **Leah Stamor, Torrey Pines | Palomar Prelims |
| 2:22.05 | *Laura Wyatt, Bishop's | Section Finals |
| 2:22.44 | ***Angelique McClure, Lincoln | Section Prelims |
| 2:22.60 | **Anna Lei, RBV | Avocado Prelims |
| 2:22.73 | ***Michelle Davignon, Escondido | Valley Finals |
| 2:22.94 | Krista Egense, Rancho Bernardo | Palomar Prelims |
| 2:23.01 | *Deidra Spinler, El Cajon Valley | Grossmont Finals |
| 2:23.1 | ***Molly Grabill, Rancho Bernardo | Dual |
| 2:23.1 | ***Nicole Martin-Boyte, Westview | Dual |

1600

| | | |
|----------|-----------------------------------|----------------|
| 4:52.55 | ***Alli Billmeyer, Torrey Pines | State Finals |
| 4:57.7 | ***Molly Grabill, Rancho Bernardo | Dual |
| 4:58.18c | *Erin Gillingham, Torrey Pines | Falcon |
| 4:58.87 | ***Shanna St. Laurent, RBV | Avocado Finals |

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|----------|-----------------------------------|------------------|
| 5:00.64 | *Sammy Silva, OLP | Section Finals |
| 5:00.80 | *Nihal Kayali, La Jolla | Section Finals |
| 5:03.10 | Katy Andrews, La Costa Canyon | Palomar Finals |
| 5:05.86 | **Megan Morgan, Torrey Pines | Palomar Finals |
| 5:06.60 | ***Emily Birch, Escondido | Valley Finals |
| 5:08.55 | Paige Rackley, La Costa Canyon | Palomar Finals |
| 5:08.73 | Alicia Barajas, Vista | Avocado Finals |
| 5:09.60 | **Erin Menefee, Mt. Carmel | Section Prelims |
| 5:10.3 | *Elizabeth Apgar, Lincoln | Dual |
| 5:11.20 | **Sallie Privett, Coronado | Section Finals |
| 5:11.91 | *Heather Zytkevicz, RBV | Avocado Finals |
| 5:13.03 | *Caroline Draper, Rancho Bernardo | Palomar Prelims |
| 5:14.15 | *Shelby Sims, Torrey Pines | Section Prelims |
| 5:15.25 | **Michelle Cruz, Vista | Avocado Prelims |
| 5:15.75 | ***Gabrielle Jensen, San Pasqual | Valley Finals |
| 5:16.20 | ***Katrine Mecklenberg, Cathedral | Western Finals |
| 5:17.13c | *Sheri Shea, University City | Falcon |
| 5:17.2 | ***Megan Hughes, Valhalla | Grossmont Finals |
| 5:18.10 | ***Kristin Parry, Fallbrook | Avocado Prelims |
| 5:18.9 | Gabrielle Black, Granite Hills | Grossmont Finals |
| 5:19.37 | ***Karina Garnier, Serra | Frosh-Soph |
| 5:19.41 | *Amber Berry, Serra | Eastern Finals |
| 5:19.78 | ***Annie Lovering, Coronado | Section Prelims |

3200

| | | |
|----------|-----------------------------------|-----------------|
| 10:27.97 | ***Molly Grabill, Rancho Bernardo | State Finals |
| 10:46.61 | Katy Andrews, La Costa Canyon | Section Finals |
| 10:47.59 | **Megan Morgan, Torrey Pines | Section Finals |
| 10:53.20 | *Heather Zytkevicz, RBV | Section Finals |
| 10:59.81 | ***Shanna St. Laurent, RBV | Avocado Finals |
| 11:00.12 | ***Kristin Parry, Fallbrook | Section Finals |
| 11:06.37 | *Nihal Kayali, La Jolla | Dual |
| 11:06.4 | *Sammy Silva, OLP | Dual |
| 11:06.44 | *Caroline Draper, Rancho Bernardo | Palomar Finals |
| 11:12.20 | Alicia Barajas, Vista | Dual |
| 11:15.07 | *Sheri Shea, University City | Sundevil |
| 11:17.37 | ***Alli Billmeyer, Torrey Pines | Dual |
| 11:19.02 | ***Emily Birch, Escondido | Valley Finals |
| 11:19.92 | Ana Prim, Torrey Pines | Sundevil |
| 11:21.71 | Paige Rackley, La Costa Canyon | Dual |
| 11:23.56 | ***Karina Garnier, Serra | Section Prelims |
| 11:25.0 | **Sallie Privett, Coronado | City Finals |
| 11:29.17 | Stacy Portillo, Escondido | Escondido |
| 11:30.17 | ***Harper Cooksley, RBV | Avocado Finals |
| 11:35.94 | Phoebe Hartnett, Henry | Runge |
| 11:37.14 | **Erin Menefee, Mt. Carmel | Palomar Finals |
| 11:38.42 | *Alicia Trujillo, Westview | Section Prelims |
| 11:38.5 | *Erin Gillingham, Torrey Pines | Dual |
| 11:39.27 | Kirsten Moore, Carlsbad | Dual |
| 11:39.42 | Megan Meyer, Steele Canyon | Escondido |

100 Hurdles

| | | |
|-------|-------------------------------------|------------------|
| 14.80 | Susanna Marshall, Canyon Crest | State Prelims |
| 14.94 | ***Tia Knight, Helix | Section Finals |
| 15.03 | **Danielle Littleton, Vista | Section Prelims |
| 15.07 | **Melissa Barnum, Rancho Bernardo | State Prelims |
| 15.62 | Adrianna Paz, Valley Center | Escondido |
| 15.63 | Sara Macey, Vista | Section Prelims |
| 15.64 | **Iesha Iwobe, Oceanside | Section Finals |
| 15.65 | Brittany Idrizaj, Scripps Ranch | Section Finals |
| 15.87 | *Lauren Kennedy, Cathedral | Section Finals |
| 15.89 | Edna Ferrer, University City | Eastern Finals |
| 15.93 | **Kimberly Gossmeier, Steele Canyon | Section Finals |
| 15.99 | *Rashan Guillory, Lincoln | Tiger |
| 16.20 | Mia Enciso, Calexico | IVL Finals |
| 16.26 | ***Frankie Gale, Cathedral | Dual |
| 16.31 | Dede Okafor, RBV | Avocado Prelims |
| 16.36 | Cassandra Crisp, Southwest | Section Prelims |
| 16.37 | Jamie Simmons, Carlsbad | Section Prelims |
| 16.40 | ***Ania Boyd, Lincoln | Section Finals |
| 16.46 | Kelsee Ramsey, El Capitan | Section Prelims |
| 16.63 | *Stephanie Tucker, Cathedral | Valley Center |
| 16.65 | Ashley Nichols, Torrey Pines | Palomar Finals |
| 16.66 | **Christie Hendel, Steele Canyon | Grossmont Finals |
| 16.67 | ***Madeline Wahl, Rancho Bernardo | Palomar Finals |
| 16.69 | Brialonna Turner, Hilltop | Section Prelims |
| 16.70 | *Erin Bjornsson, Otay Ranch | Section Prelims |
| 16.72 | *Kia Gaither, Otay Ranch | Mesa Finals |
| 16.73 | Merideth Daly, San Pasqual | Section Prelims |
| 16.74 | Margaret Powell, Henry | Section Prelims |
| 16.77 | *Sarah Gilmore, Scripps Ranch | Western Prelims |

300 Hurdles

| | | |
|-------|----------------------------------|-----------------|
| 45.04 | Brittany Idrizaj, Scripps Ranch | Section Finals |
| 45.26 | *Emily Osga, Henry | State Prelims |
| 45.34 | Adrianna Paz, Valley Center | Escondido |
| 45.40 | Romaine Desclos, University City | Section Finals |
| 45.44 | Jamie Simmons, Carlsbad | Section Finals |
| 45.69 | **Danielle Littleton, Vista | Avocado Finals |
| 46.15 | Jayna Thomas, Poway | Palomar Finals |
| 46.39 | Kelsee Ramsey, El Capitan | Section Finals |
| 46.68 | Sara Macey, Vista | Dual |
| 46.96 | **Iesha Iwobe, Oceanside | Valley Center |
| 47.10 | Catelin Meagher, San Pasqual | Section Prelims |
| 47.24 | **Christie Hendel, Steele Canyon | Section Finals |
| 47.33 | Ashley Nichols, Torrey Pines | Palomar Finals |
| 47.35 | Rashan Guillory, Lincoln | Sundevil |
| 47.68 | **Kin Gossmeier, Steele Canyon | Section Prelims |
| 47.74 | *Lauren Kennedy, Cathedral | Section Finals |

| | | |
|-------|------------------------------------|----------------|
| 47.77 | ***Brittany Beam, Steele Canyon | Frosh-Soph |
| 48.0 | *Susi Blaseio, Torrey Pines | Dual |
| 48.0 | Kaitlen Laine, Valhalla | Dual |
| 48.14 | *Stephanie Tucker, Cathedral | Mission Hills |
| 48.2 | Amanda Johnson, El Camino | Dual |
| 48.2 | **Melissa Barnum, Rancho Bernardo | Dual |
| 48.32 | **Miriam Cardenas, El Cajon Valley | Frosh-Soph |
| 48.33 | Ashleigh Cottrell, Oceanside | Avocado Finals |
| 48.3 | Dede Okafer, RBV | Dual |
| 48.58 | **Devon Senneseth, Hilltop | Frosh-Soph |
| 48.60 | Gina Schumacher, La Jolla | Section Finals |
| 48.70 | Geonisha Newkirk, Sweetwater | Mesa Finals |
| 48.75 | ***Madelyn Danielson, Coronado | City Finals |
| 48.75 | Kelly Parkhurst, Escondido | Escondido |

400 Relay

| | | |
|-------|--------------------|-----------------|
| 47.06 | Poway | Section Finals |
| 47.68 | Morse | Section Prelims |
| 48.02 | Rancho Bernardo | Section Finals |
| 48.53 | Escondido | Section Prelims |
| 48.83 | Torrey Pines | Section Finals |
| 48.86 | Westview | Section Finals |
| 48.95 | RBV | Dual |
| 49.28 | Scripps Ranch | Section Finals |
| 49.35 | El Camino | Avocado Finals |
| 49.40 | University City | Section Finals |
| 49.47 | Mira Mesa | Section Finals |
| 49.51 | Valley Center | Valley Finals |
| 49.72 | Carlsbad | Avocado Finals |
| 49.87 | Steele Canyon | Frosh-Soph |
| 49.8 | Lincoln | Dual |
| 50.00 | Cathedral Catholic | Section Prelims |
| 50.01 | El Cajon Valley | Section Prelims |
| 50.26 | Granite Hills | Section Prelims |
| 50.31 | Mission Hills | Valley Finals |
| 50.54 | Helix | Section Prelims |
| 50.59 | Mt. Carmel | Section Prelims |
| 50.91 | Eastlake | Section Prelims |
| 51.06 | Hilltop | Section Prelims |
| 51.06 | El Capitan | Section Prelims |

1600 Relay

| | | |
|---------|---------------|-----------------|
| 3:55.06 | Poway | State Prelims |
| 3:55.85 | Mt. Carmel | State Prelims |
| 3:56.10 | Scripps Ranch | Section Finals |
| 3:57.95 | Carlsbad | Section Prelims |
| 3:59.03 | Torrey Pines | Palomar Finals |
| 3:59.05 | Lincoln | Section Finals |
| 3:59.10 | Escondido | Section Finals |

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|---------|--------------------|------------------|
| 4:00.24 | Vista | Avocado Finals |
| 4:00.33 | RBV | Avocado Finals |
| 4:02.37 | La Jolla | Section Finals |
| 4:02.72 | Rancho Bernardo | Section Prelims |
| 4:04.25 | Morse | Eastern Finals |
| 4:04.60 | Valley Center | Section Finals |
| 4:04.97 | Sweetwater | Section Prelims |
| 4:05.39 | Westview | Palomar Finals |
| 4:05.50 | La Costa Canyon | Palomar Finals |
| 4:06.01 | San Pasqual | Valley Finals |
| 4:06.24 | Granite Hills | Grossmont Finals |
| 4:07.02 | El Cajon Valley | Grossmont Finals |
| 4:07.54 | Cathedral Catholic | Dual |
| 4:08.49 | Patrick Henry | Section Prelims |
| 4:10.48 | Steele Canyon | Grossmont Finals |
| 4:10.52 | San Diego | Eastern Finals |
| 4:10.79 | El Capitan | Grossmont Finals |
| 4:10.82 | Mira Mesa | Eastern Finals |

High Jump

| | | |
|-------|------------------------------------|-----------------|
| 5-8 ¼ | Sara Macey, Vista | Dual |
| 5-5 | *Alison Tedrow, Siera Madre | Section Finals |
| 5-5 | Ashlin Yahr, Torrey Pines | Dual |
| 5-4 | Kelsey Kaster, Ramona | Valley Finals |
| 5-4 | *Sherie Key, Morse | Eastern Finals |
| 5-4 | **Kelsey Dickerson, Poway | Dual |
| 5-3 | ***Tolanda Tate, Lincoln | Section Prelims |
| 5-3 | *Jackie Thornton, Granite Hills | Dual |
| 5-3 | **Nikki Wittak, Westview | Dual |
| 5-2 | **Shayla Woodhouse, Scripps Ranch | Tiger |
| 5-2 | Lis Seleb, San Pasqual | Valley Finals |
| 5-2 | *Alex Pankey, Mission Hills | Mission Hills |
| 5-2 | ***Samantha Podraza, Scripps Ranch | Dual |
| 5-2 | Ariel Toomey, La Costa Canyon | Dual |
| 5-2 | Erin Lupter, Westview | Dual |
| 5-2 | Kim Jones, University City | Dual |
| 5-2 | Jennifer Vaupel, Granite Hills | Dual |
| 5-1 | ***Riley Haasche, Point Loma | Section Prelims |
| 5-1 | *Laurel Vozley, Grossmont | Section Prelims |
| 5-1 | Marissa Daly, San Pasqual | Dual |
| 5-0 | *Breanna Mason, Bonita Vista | Mesa Finals |
| 5-0 | ***Hailey Bachman, Westview | Bronco |
| 5-0 | **Chantel Gary, Oceanside | Frosh-Soph |
| 5-0 | **Brooke Spradlin, West Hills | Dual |
| 5-0 | ***Frankie Gale, Catahedral | Dual |
| 5-0 | *Brittany Adam, Rancho Bernardo | Dual |
| 5-0 | ***Chelsea Milne, Rancho Bernardo | Dual |
| 5-0 | *Brittany Polson, Westview | Dual |
| 5-0 | **Ivana Marcks, Bonita Vista | Dual |
| 5-0 | Alekz Reyes, Calvary Christian | Dual |

Pole Vault

| | | |
|-------|------------------------------------|-----------------|
| 12-10 | *Emily Mattoon, Rancho Bernardo | Palomar Finals |
| 12-4 | **Kortney Ross, Westview | Frosh-Soph |
| 11-7 | Brittany Hamilton, Granite Hills | Arcadia |
| 11-3 | Breanne Evans, Poway | Section Finals |
| 10-9 | *Sarah Tran, Mt. Carmel | Section Finals |
| 10-9 | *Kim Stamos, Escondido | Escondido |
| 10-6 | Malia Plotkin, La Jolla | Dual |
| 10-1 | *Mary Kaneshiro, Rancho Bernardo | Bronco |
| 10-1 | **Meghan Freund, Rancho Bernardo | Frosh-Soph |
| 10-1 | **Nicole Spann, Rancho Bernardo | Frosh-Soph |
| 10-0 | **Chelsea Boomer, Escondido | Dual |
| 9-9 | *Tricia Decker, LJCD | Section Finals |
| 9-9 | **Kyle Little, Fallbrook | Section Finals |
| 9-7 | Jennifer Nguyen, Poway | Bronco |
| 9-7 | **Lauren Tominich, Rancho Bernardo | Frosh-Soph |
| 9-7 | **Natalie Gibbons, Escondido | Frosh-Soph |
| 9-6 | **Katie Sager, Rancho Bernardo | Palomar Final |
| 9-6 | Morgan Byers, Eastlake | Mesa Finals |
| 9-5 | Kim Jones, University City | Dual |
| 9-3 | **Makenzie Adams, San Pasqual | Section Prelims |
| 9-3 | Jessica Jamie, Ramona | Section Prelims |
| 9-3 | Samantha Birtchall, San Pasqual | Escondido |

Long Jump

| | | |
|---------|------------------------------------|------------------|
| 18-8 ¼ | Jackae Bridges, Mater Dei | Section Finals |
| 18-5 ¼ | Taylor Williams, Escondido | Section Prelims |
| 18-0 ¾ | Alex Pankey, Mission Hills | State Prelims |
| 17-10 | *Marjorie Lacombe, Bishop's | Section Finals |
| 17-6 | **Sherie Key, Morse | Section Prelims |
| 17-4 ½ | ***Tolanda Tate, Lincoln | Mission Hills |
| 17-4 | Thoraya Maronesy, Helix | Grossmont Finals |
| 17-1 | Disha Hall, Morse | Dual |
| 17-0 ½ | **Paige Neville, Steele Canyon | Frosh-Soph |
| 17-0 | Alyssia Veiga, Sweetwater | Falcon |
| 16-11 ½ | Caitlin Allen, Torrey Pines | Section Finals |
| 16-11 | Emily Petros, RBV | Avocado Prelims |
| 16-10 ½ | Aja Henry, Calvary Christian | Section Prelims |
| 16-10 ½ | **Kelsie Dickerson, Poway | Palomar Finals |
| 16-10 ½ | Kyleen Button, Fallbrook | Dual |
| 16-10 | **Cassie Belk, Carlsbad | Avocado Prelims |
| 16-10 | *Tyne McClure, Vista | Avocado Prelims |
| 16-9 ¾ | ***Danielle Wilson, El Camino | Tiger |
| 16-9 | Katie Patterson, Grossmont | Grossmont Finals |
| 16-8 | **Denai Green, Lincoln | Section Prelims |
| 16-8 | Romaine Desclos, University City | Dual |
| 16-7 | ***Jasmine Harris, El Cajon Valley | Frosh-Soph |
| 16-7 | Emily Osga, Henry | Dual |

| | | |
|--------------------|------------------------------|-----------------|
| 16-6 $\frac{3}{4}$ | **Kaitlin Mohr, Torrey Pines | Section Prelims |
| 16-6 $\frac{3}{4}$ | Jamie Ferguson, El Capitan | Dual |
| 16-5 $\frac{1}{2}$ | *Elena Jefferson, Vista | Avocado Prelims |

Triple Jump

| | | |
|---------------------|------------------------------------|-----------------|
| 38-8 | Taylor Williams, Escondido | Dual |
| 37-7 $\frac{3}{4}$ | Thoraya Maronesy, Helix | Section Prelims |
| 36-10 $\frac{1}{2}$ | *Shanique Reddick, Oceanside | Section Prelims |
| 36-10 $\frac{1}{4}$ | **Sherie Key, Morse | Section Prelims |
| 36-9 $\frac{1}{2}$ | **Kelsey Bailey, Granite Hills | Section Finals |
| 36-6 | *Yachi Fails, Mt. Carmel | Section Prelims |
| 36-5 | **Chantel Gary, Oceanside | Frosh-Soph |
| 35-11 $\frac{1}{2}$ | *Tyne McClure, Vista | Section Finals |
| 35-9 | Disha Hall, Morse | Dual |
| 35-8 $\frac{1}{2}$ | *Alex Pankey, Mission Hills | Dual |
| 35-8 | *Haley Mayer, Monte Vista | Section Finals |
| 35-8 | Merideth Daly, San Pasqual | Valley Finals |
| 35-7 | *Emily Osga, Henry | Section Prelims |
| 35-7 | **Kaitlin Mohr, Torrey Pines | Dual |
| 35-5 $\frac{1}{2}$ | **Kelsie Dickerson, Poway | Frosh-Soph |
| 35-2 $\frac{1}{2}$ | **Ariana Baldwin, El Camino | Section Prelims |
| 35-2 | *Caitlin Allen, Torrey Pines | Palomar Finals |
| 34-11 $\frac{1}{2}$ | **Miriam Cardenas, El Cajon Valley | Section Finals |
| 34-11 $\frac{1}{4}$ | Amanda Winninghoff, RBV | Dual |
| 34-10 $\frac{1}{2}$ | Emily Petros, RBV | Avocado Finals |
| 34-9 $\frac{3}{4}$ | *Katarina Payne, Cathedral | Section Finals |
| 34-9 $\frac{1}{2}$ | Alyssa Veiga, Sweetwater | Escondido |
| 34-9 | *Cristie Brockman, Poway | Palomar Prelims |
| 34-8 | ***Farrah Shakoor, Henry | Runge |

Shot Put

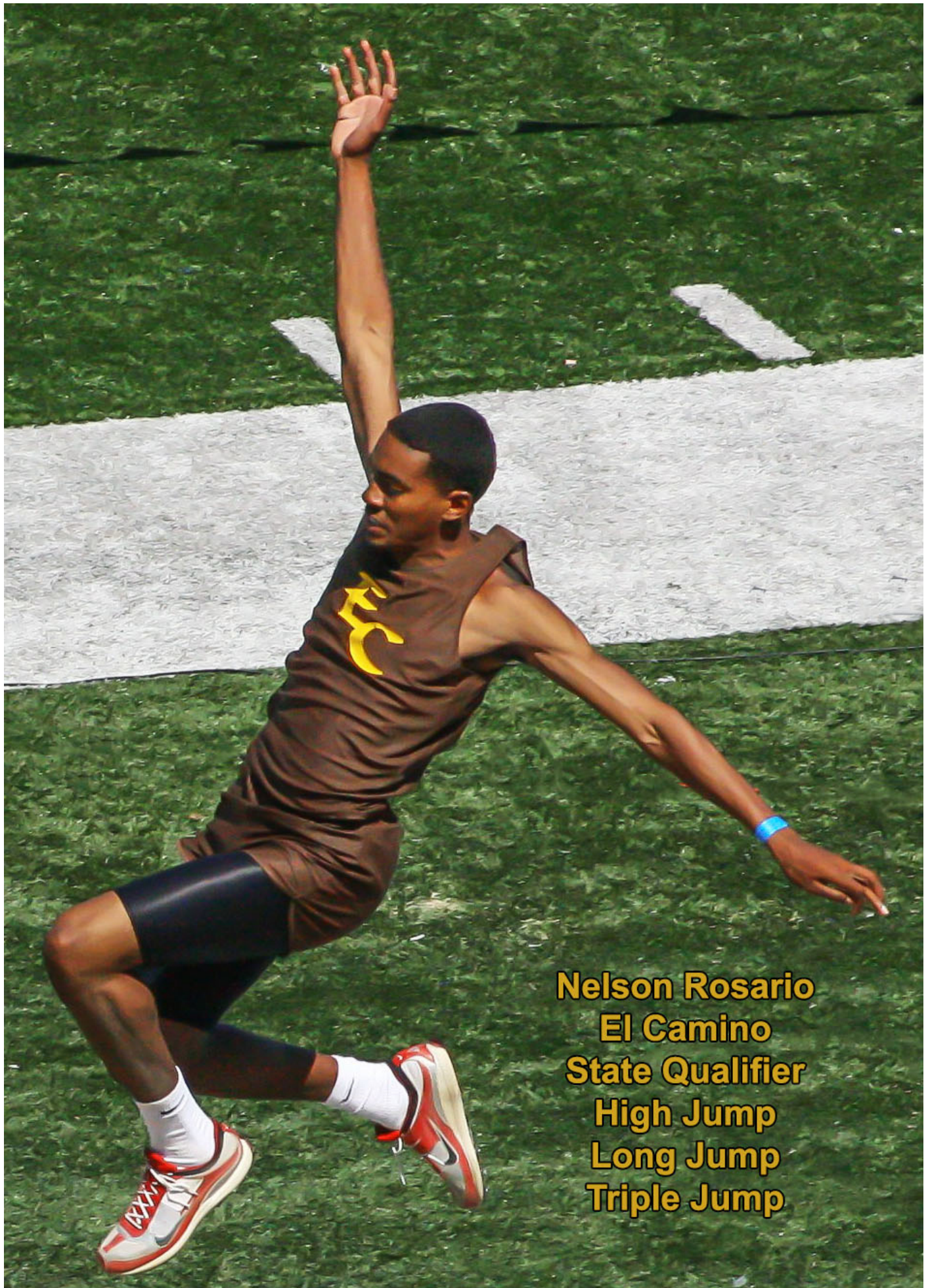
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|--------------------|-----------------------------------|-----------------|
| 43-7 | Brandy Dyer, Vista | Dual |
| 43-5 $\frac{1}{2}$ | **Jennifer Bingham, Steele Canyon | Escondido |
| 42-2 $\frac{1}{4}$ | Amanda Phelps, El Camino | Section Prelims |
| 41-4 | Brook Edney, Central | Dual |
| 40-5 $\frac{1}{2}$ | *Emily Aragon, Escondido | Dual |
| 39-7 | Larissa Hernandez, Crawford | Dual |
| 38-8 $\frac{3}{4}$ | *Solianna Faapouli, El Camino | Sundevil |
| 37-11 | Brittany Powell, Otay Ranch | Dual |
| 37-2 $\frac{1}{4}$ | Jessica Soltysiak, Otay Ranch | Section Prelims |
| 36-9 | **Abigail Leupetele, Morse | Eastern Finals |
| 36-6 | *Chanelle Walsh, Rancho Bernardo | Dual |
| 36-4 $\frac{1}{2}$ | Katie Dudley, El Capitan | Dual |
| 36-0 $\frac{1}{2}$ | Jordan Silineck, Escondido | Sundevil |
| 35-10 | **Sophie Dukes, EC Southwest | Dual |
| 35-8 | Kaitlyn Brown, Fallbrook | Dual |
| 35-5 $\frac{1}{4}$ | ***Latrease Johnson, Bishop's | Section Prelims |
| 35-0 | ***Asia Adkins, Lincoln | Frosh-Soph |
| 34-11 | **Alofa Laie, Oceanside | Avocado Prelims |

| | | |
|--------|------------------------------|------------------|
| 34-11 | *Lily Roche, Poway | Dual |
| 34-10 | *Tawnya Proctor, Santana | Grossmont Finals |
| 34-10 | Ashley Stetler, West Hills | Dual |
| 34-4 ½ | *Amber Chin, Rancho Bernardo | Dual |
| 34-3 ¾ | ***Leeza Iuta, Otay Ranch | Mesa Finals |
| 34-1 ¼ | Dominique Fuqua, Morse | Tiger |
| 34-1 | **Gizelle Jones, Helix | Tiger |

Discus

| | | |
|--------|-----------------------------------|------------------|
| 141-11 | Brandy Dyer, Vista | Dual |
| 133-5 | *Alofa Laie, Oceanside | Dual |
| 132-3 | Jessica Soltysiak, Otay Ranch | Dual |
| 130-6 | *Emily Aragon, Escondido | Section Finals |
| 128-6 | Courtney Godson, Cathedral | Dual |
| 126-0 | Amanda Phelps, El Camino | Avocado Finals |
| 122-9 | Brandi Draheim, El Capitan | Dual |
| 122-4 | Katie Dudley, El Capitan | Dual |
| 121-10 | *Solianna Faapouli, El Camino | Avocado Finals |
| 121-6 | *Chanelle Walsh, Rancho Bernardo | Dual |
| 118-1 | Belinda Perkins, Steele Canyon | Grossmont Finals |
| 116-10 | **Sofia Dukes, EC Southwest | Valley Center |
| 115-4 | **Abby Leauptetele, Morse | Dual |
| 113-2 | Ashley Stetler, West Hills | Dual |
| 113-0 | Gina Nawab, Mt. Carmel | Falcon |
| 112-9 | *Erin Poteet, Torrey Pines | Dual |
| 112-8 | ***Latrease Johnson, Bishop's | Dual |
| 112-1 | **Tayler Parker, Scripps Ranch | Western Finals |
| 111-10 | **Leigh Harmoni, Orange Glen | Section Prelims |
| 110-4 | **Mikayla Howden, San Dieho | Dual |
| 110-2 | *Chelsea Stevens, University City | Eastern Finals |
| 110-2 | Mireya Larios, Holtville | Section Finals |
| 107-9 | ***Alexa Evans, West Hills | Section Prelims |
| 107-5 | **Julie Lupter, Westview | Dual |
| 106-9 | Ann Walz, Helix | Dual |
| 106-2 | *Taylor Maxey, Bishop's | Section Prelims |

Note... The original paper versions of the guides included All-Time Lists and State Champions by year. Since these lists are added to from year-to-year they are not included in the digital versions. To see the current list go to sdtrackmag.com where you'll find all the guides we have available, as well as the complete lists of All-Time marks and State Winners.



Nelson Rosario
El Camino
State Qualifier
High Jump
Long Jump
Triple Jump

STATE FINALISTS

BOYS

| | | |
|-------------|----------------------------------|---------|
| 100 | 6. Jamal Alston, RBV | 10.79 |
| | 8. Joe Cooks, Mission Hills | 10.90 |
| 200 | 9. Jamal Alston, RBV | 21.81 |
| 400 | 4. Nico Reaves, Lincoln | 47.20 |
| 800 | 1. Charles Jock, Mission Bay | 1:51.64 |
| 1600 | 3. Mac Fleet, University City | 4:13.33 |
| 400 Relay | 8. Steele Canyon | 42.26 |
| 1600 Relay | 8. Mission Hills | 3:20.84 |
| | 9. Lincoln | 3:22.73 |
| Long Jump | 3. Nelson Rosario, El Camino | 23-1 ¼ |
| Triple Jump | 5. Nelson Rosario, El Camino | 47-8 ½ |
| Shot Put | 6. David Spates, Monte Vista | 58-10 ¾ |
| | 9. Dane Chobanian, Scripps Ranch | 55-8 |

GIRLS

| | | |
|------------|---|----------|
| 200 | 6. Tenille Stoudenmire, Rancho Bernardo | 24.19 |
| 1600 | 4. Alli Billmeyer, Torrey Pines | 4:47.37 |
| 3200 | 5. Molly Grabill, Rancho Bernardo | 10:45.52 |
| | 10. Megan Morgan, Torrey Pines | 10:47.59 |
| 400 Relay | 5. Poway | 47.34 |
| Pole Vault | 1. Emily Mattoon, Rancho Bernardo | 12-6 |
| Long Jump | 6. Jackae Bridges, Mater Dei | 18-4 ¾ |
| | 9. Alex Pankey, Mission Hills | 18-1 ¾ |
| Shot Put | 4. Brandy Dyer, Vista | 41-7 ¾ |
| | 8. Amanda Phelps, El Camino | 39-2 |



Emily Mattoon
State Champion
Pole Vault