

# *Calvin Christian Crusader Classic*

## *Track & Field Meet 2013*

Dear Coach/AD:

This spring Calvin Christian School in Escondido will be hosting a low cost, fun SEASON OPENER Track & Field Meet on Friday, March 8, 2013 starting at 3:00 at Calvin Christian High School in Escondido. All standard field events will be contested. On the track, we will run the individual 1600, and all other events will be run as relays, with most of them run COED! See the meet info sheet for the list of events. We will be making this an excellent season opener meet and keeping the cost very low for your school! Because it is an early season meet, the first for many schools, our goal is to get all of our athletes an opportunity to compete and get their first marks and experience for the season, and to do it in a fun setting.

The field events will start at 3:00, and running events at 3:30, with a coaches meeting at 2:45. The meet should be finished in just a few hours. We have lights at the track in case the meet continues after the sun sets. There will be no team scores, no individual or team awards. Each team entered for the low entry fee of \$50 per gender team (\$50 for boys team and \$50 for girls team) will be required to provide one adult worker to work at a field event for the afternoon per gender team,. So if you bring both girls and boys, your entry fee will be \$100 total and you will supply 2 adult workers to officiate field events. Additionally, coaches will need to do their own timing for all track events, including splits for relays. Meet staff will not provide any timing. You may use your team members, parent, or other staff members to help you with this.

Marks from the day will NOT be posted online or typed into the computer and emailed out. You need to get your athletes marks in the track events yourself as they run, and coaches need to check at each field event to get field event marks before leaving. We will NOT email or mail out results!

Your track events will be optimized with a COED team. You may bring a single gender team, but they will only be able to compete in the 1600, the sprint medley, and all field events. All other track events are COED. Entries will be done online at Athletic.net. After entering your athletes, please mail a check to Calvin Christian School at the address below. If you have further questions please email or call to contacts listed in the meet information. If you are interested in attending this year's meet please fill out the enclosed contract and mail it or fax it as soon as possible.

Todd Nash, Head Track & Field Coach  
Calvin Christian High School  
2000 North Broadway  
Escondido, CA 92026  
School: 760-489-6430  
Coach Nash Cell: 760-458-9753

# Calvin Christian School

## CRUSADER CLASSIC SEASON OPENER

- Date:** Friday, March 8, 2012
- Time:** 3:00 field events, 3:30 running events.
- Invited:** All CIF member schools from San Diego and Southern Sections.
- Location:** Calvin Christian High School, 2000 N Broadway, Escondido.
- Directions:** Mapquest 2000 N Broadway, Escondido, CA. Track is behind the school.
- Background:** This is a season opener, intended to give athletes an early chance to run their races and get marks and times. All participating teams will help staff the meet, and coaches will time their own athletes. This will make the meet easier to administer and a lower cost to participate in.
- Packet Pick-up:** Friday 2:00-4:00 at the clerk's tent inside the track near the finish line.
- Meet Directors:** Field Events: Todd Nash, cell (760) 458-9753,  
Email: CalAthletics@sbcglobal.net  
Track Events: Mike Wagenveld, cell (760) 917-5565  
Email: mswagenveld@hotmail.com
- Facility:** Calvin Christian. Six lane dirt track for longer races, 7 lanes on the homestretch. Rubber runways for all jumps, standard concrete circles for throws. Max  $\frac{1}{4}$ " spikes on jump runways, any length you want on track!
- Events:** Primarily relay events on the track, and all individual field events. See event listing – many NON-STANDARD track events, enabling you to get many athletes running early! Most of the relay events will be COED!
- Timing/Results:** Coaches will do their own timing for all track events. No official times will be posted for track events; coaches should record times and splits for their own athletes. Field events will have results available to coaches at the event – get them from the official! No field event results will be posted by the meet host! All participating teams will staff one position in a field event throughout the meet, assigned by the meet directors. (2 workers if you bring boys and girls)
- Entry Fees:** \$10.00 per athlete, max of \$50 per gender PLUS 1 adult to work as an official for an event chosen by the meet directors (for a total of \$100 per coed team and 2 workers). In lieu of an adult to work the meet, the team

entering will pay an additional \$50 per gender team. Entry fees must be paid before the athlete competes with a check made out to Calvin Christian School or cash. To pay in advance, mail check to the school address below, attn: Bill Stout. Write on memo line "Crusader Classic".

**Entries:** Step 1: Please fill in the contract at the end of this document and fax in. fax to (760) 489-7055.

Step 2: Mail contract with your entry fee to:  
Calvin Christian School, attn Bill Stout  
2000 N Broadway  
Escondido, CA 92026

Step 3: Please submit all entries on Athletic.net between February 23 and March 6.

**Deadline:** All entries are due NLT Wednesday, March 6, 2013.

**Eligibility:** All entrants must be enrolled in CIF member schools.

**Event Limitations:** 4 events per athlete. NO LIMIT on how many athletes from your school may compete in any individual event. If you have 12 boys who all want to long jump, they can all long jump! All relay events will have only 1 team entered per school.

**Awards:** No individual awards, No team awards, no team scores kept. No times or distances will be posted online or published. Coaches should see all field event officials who will hold the results throughout the meet to record athlete's marks. No results will be available to you after you leave the meet!

**Check-in:** **Running Events:** Report to the clerk when the event is called.

Two calls will be given for each event.

**Field Events:** Report directly to your event area when the event is called.

**Meet Results:** Meet results will not be posted! Each coach should collect marks from field event officials and time your runners, and **post your own athlete's marks on athletic.net.**

**Concessions:** A full concessions stand will be available at the track with excellent, reasonably priced food and drinks.

**Calvin Christian School  
CRUSADER CLASSIC SEASON OPENER**  
Fri, March 9, 2012

**SCHEDULE OF EVENTS**

**Field Events**

- 2:45 Coaches Meeting at Clerks Tent  
3:00 Girls Long  
    Girls High Jump  
    Girls Shot Put  
    Boys Long Jump  
    Boys Pole Vault  
    Boys Discus  
    Boys Triple Jump  
    Girls Triple Jump  
4:30 Boys High Jump  
    Boys Shot Put  
    Girls Pole Vault  
    Girls Discus

Field events will all be run in flights of approximately 6 athletes with 3 attempts per athlete in all field events. Pole Vault and High Jump will be contested using "3 alive".

**Track Events:**

- 3:30 COED Hurdle Shuttle relay (G100/B110/G100/B110) opposite directions  
3:40 Girls 1600  
3:50 Boys 1600  
4:00 Girls Sprint Medley Relay (100/100/200/400)  
4:15 Boys Sprint Medley Relay (100/100/200/400)  
4:30 COED 4 x 200 relay (B,G,B,G)  
4:50 COED 4 x 800 relay Heat (2 girls run together, hand off to 2 boys)  
5:05 COED 4 x 400 relay Heat 1 (G/B/G/B)  
5:10 COED 4 x 400 relay Heat 2 (G/B/G/B)  
Follow on heats of 4 x 400  
5:30 COED 4 x 100 weight-man's relay (G/B/G/B) (Carrying a 1K discus as the baton.)

\*\*All events will be run IN ORDER, and we will get ahead of schedule if possible! Do not leave the track based on the published schedule, and come EARLY for your events!

If you do not have enough to make up a team, we will collect athletes near the start line who need additional relay members so your athletes can compete with athletes from other teams and form a relay.

# CRUSADER CLASSIC SEASON OPENER

## Track & Field Meet

### TEAM CONTRACT

A check is not required to be mailed with this contract. We would like your contract as early as possible to help us plan for how many teams will attend. This contract is your commitment to attend the meet. Entries can be entered later, and fees may be paid at the meet.

School Name: \_\_\_\_\_

School Address: \_\_\_\_\_

School Phone: \_\_\_\_\_

AD Name: \_\_\_\_\_ Email: \_\_\_\_\_

Track Coach Name: \_\_\_\_\_ Email: \_\_\_\_\_

Track Coach Cell Phone: \_\_\_\_\_

Will you be bringing a boys team? \_\_\_\_\_ Yes \_\_\_\_\_ No

Estimated number of participants: \_\_\_\_\_

Will you be bringing a girls team? \_\_\_\_\_ Yes \_\_\_\_\_ No

Estimated number of participants: \_\_\_\_\_

**\*\*Name of Field Event Officials you will provide:** \_\_\_\_\_

Event preference for your provided officials: \_\_\_\_\_

Checks made payable to Calvin Christian School ABC. Mail/fax to Bill Stout at:  
Calvin Christian High School, Attn Bill Stout  
2000 N Broadway  
Escondido, CA 92026  
Ph: 760-489-0201 Fax: (760) 489-7055

For meet specific questions:

Field Events: Todd Nash, cell (760) 458-9753,  
Email: CalAthletics@sbcglobal.net

Track Events: Mike Wagenveld, cell (760) 917-5565  
Email: mswagenveld@hotmail.com