

# *Calvin Christian Crusader Classic Track & Field Meet 2019*

Dear Coach/AD:

This spring Calvin Christian High School in Escondido will again be hosting a low cost, fun SEASON OPENER Track & Field Meet on Friday, March 8, 2019 starting at 3:00 at Calvin Christian High School in Escondido. All standard field events will be contested. On the track, we will run the individual 300H, 1600, and 1 heat of the 400. All other events will be run as relays, with most of them run COED. See the meet info sheet for the list of events. This is an excellent season opener with a very low cost. Because it is an early season meet, our goal is to get all of our athletes an opportunity to get their first marks in a fun setting.

Field events start at 3:00, and running events at 3:30, with a coaches meeting at 2:30 where field event official assignments will be made. We have lights at the track in case the meet continues after the sun sets. There will be no team scores, and no individual or team awards. The entry fee is only \$50 per gender team (\$50 for boys team and \$50 for girls team) AND **each gender team must provide one adult worker** to work at a field event. If you bring both girls and boys, your entry fee will be \$100 and you will provide 2 adult workers to officiate field events. This will cover the cost of chalk, shells, broken crossbars, field prep, meet equipment, etc. Coaches will need to do their own timing for all track events. Meet staff will not provide any timing. You may use your team members, parent, or other staff members for relay splits.

Marks from the day will NOT be posted online or typed into the computer and emailed out. You need to get your athletes marks in the track events yourself as they run, and coaches need to check at each field event to get field event marks before leaving. Copies of field event sheets can be provided at the end of the meet. We will NOT email or mail out results.

Your track events will be optimized with a COED team. You may bring a single gender team, but they will only be able to compete in the 300H, 1600, Invitational 400, the sprint medley, and all field events. All other track events are COED. If you have only one gender team, we can supplement your team with athletes from another school as they are available. FIELD EVENT entries will be done online at Athletic.net. Running event entries will be lined up at the meet by team – no running event entries need to be entered in advance. This meet will help you get marks for your athletes for seeding in future meets and team rankings, all in a short time, and a competitive environment. After entering your athletes in field events, please mail your check to Calvin Christian School at the address below. If you have further questions please email or call to contacts listed below or in the meet information. If you are interested in attending this year's meet please fill out the enclosed contract and mail it or fax it as soon as possible.

Todd Nash, Meet Director

2000 North Broadway

Escondido, CA 92026

Coach Nash Cell: 760-458-9753

School: 760-489-6430

# Calvin Christian School

## 2019 CRUSADER CLASSIC SEASON OPENER

- Date:** Friday, March 8, 2019
- Time:** 3:00 field events, 3:30 running events.
- Invited:** All CIF member schools from San Diego and Southern Sections.
- Location:** Calvin Christian High School, 2000 N Broadway, Escondido.
- Background:** This is a season opener, intended to give athletes an early chance to get marks and times. All participating teams will officiate field events, and coaches will time their own athletes.
- Packet Pick-up:** Friday 2:00-4:00 at the clerk's tent inside the track near the finish line.
- Meet Director:** Todd Nash, cell (760) 458-9753,  
Email: CalAthletics@sbcglobal.net
- Facility:** Calvin Christian. Six lane dirt track for longer races, 7 lanes on the Home Stretch. Rubber runways for all jumps, standard concrete circles for throws. Max ¼" spikes on jump runways, any length you want on track.
- Events:** Coed relay events, 300H, 1600, and Invitational 400 on the track. All field events individual with 3 attempts. Most of the relays will be coed.
- Timing/Results:** Coaches will do their own timing for all track events. No official times will be posted for track events; coaches should record times and splits for their own athletes. Field events will have results available to coaches at the event – get them from the official. No field event results will be posted by the meet host. All participating teams will staff two positions in the field events throughout the meet, assigned by the meet directors. (1 worker if you bring only 1 gender team.)
- Entry Fees:** \$10.00 per athlete, max of \$50 per gender PLUS 1 adult to work as an official for an event chosen by the meet directors (for a total of \$100 per coed team and 2 workers). In lieu of an adult to work the meet, the team entering will pay an additional \$50 per gender team or \$15 per athlete. Entry fees must be paid before the athlete competes with a check made out to Calvin Christian School or cash. To pay in advance, mail check to the school address below, attn: Bill Stout. Write "Crusader Classic" on it.
- Entries:** **Step 1:** Please fill in the contract at the end of this document and email to Todd Nash at CalAthletics@sbcglobal.net.  
**Step 2:** Add this meet to your schedule on athletic.net

**Step 3:** Mail contract with your entry fee to:  
Calvin Christian School, attn Bill Stout  
2000 N Broadway  
Escondido, CA 92026

**Step 4:** Please submit all FIELD EVENT entries on Athletic.net between February 18 and Wed, March 6 at 5:00 PM. All field event entries MUST be done on athletic.net. Enter your athletes you would like considered for the Invitational 400 with a seed time.

**Deadline:** **All entries are due NLT Wednesday, March 6, 2019 at 5:00 PM.**

**Eligibility:** All athletes must be enrolled in CIF member schools.

**Event Limitations:** 4 events per athlete. NO LIMIT on how many athletes from your school may compete in any individual event. If you have 12 boys who all want to long jump, they can all long jump!

**Awards:** No individual awards, no team awards, no team scores, no times or distances posted online. No results will be available to you after you leave the meet!

**Check-in:** **Running Events:** Report to the clerk when the event is called.

**Field Events:** Report directly to your event. Run in flights.

**Meet Results:** Meet results will not be posted! Each coach should collect marks from field event officials and time your runners, and **post your own athlete's marks on athletic.net.**

**Concessions:** A small concessions stand may be available at the track, if the Athletic Booster Club mom is not totally burnt out by March.....

Calvin Christian School  
CRUSADER CLASSIC SEASON OPENER  
Fri, March 8, 2019

SCHEDULE OF EVENTS

Field Events

- 2:30 Coaches Meeting at Clerks Tent  
3:00 Girls & Boys Long Jump  
Girls & Boys Triple Jump  
Girls High Jump  
Boys Pole Vault  
Girls Shot Put  
Boys Discus  
  
4:30 Boys High Jump  
Girls Pole Vault  
Boys Shot Put  
Girls Discus

Field events will all be run in flights of 6-8 athletes with 3 attempts per athlete in all field events. Pole Vault and High Jump will be contested using “3 alive”.

Track Events:

- 3:30 Girls 300H  
3:40 Boys 300H  
3:50 Girls Sprint Medley Relay (100/100/200/400)  
4:00 Boys Sprint Medley Relay (100/100/200/400)  
4:10 Girls 1600  
4:20 Boys 1600  
4:30 COED 4 x 200 relay (B,G,B,G)  
4:40 Girls Invitational 400 (1 heat – enter athletes on athletic.net to be considered)  
4:45 Boys Invitational 400 (1 heat – enter athletes on athletic.net to be considered)  
4:50 COED 4 x 800 relay Heat  
5:00 COED 4 x 400 relay Heat 1 (G/B/G/B)  
Follow on heats of 4 x 400  
5:15 COED 4 x 100 weight-man’s relay (G/B/G/B) (Carrying a 1K discus as the baton.)

**\*\*All events will be run IN ORDER, and we will get ahead of schedule if possible! Do not leave the track based on the published schedule, and come EARLY for your events!**

If you do not have enough to make up a team, we will collect athletes near the start line who need additional relay members so your athletes can compete with athletes from other teams and form a relay.

**2019 CRUSADER CLASSIC SEASON OPENER**  
**Track & Field Meet**  
**TEAM CONTRACT**

A check is not required to be mailed with this contract. We would like your contract as early as possible to help us plan for how many teams will attend. This contract is your commitment to attend the meet. Entries can be entered later, and fees may be paid at the meet.

School Name: \_\_\_\_\_

School Address: \_\_\_\_\_

School Phone: \_\_\_\_\_

AD Name: \_\_\_\_\_ Email: \_\_\_\_\_

Track Coach Name: \_\_\_\_\_ Email: \_\_\_\_\_

Track Coach Cell Phone: \_\_\_\_\_

Will you be bringing a boys team? \_\_\_\_\_ Yes \_\_\_\_\_ No

Estimated number of participants: \_\_\_\_\_

Will you be bringing a girls team? \_\_\_\_\_ Yes \_\_\_\_\_ No

Estimated number of participants: \_\_\_\_\_

**\*\*Name of Field Event Officials (2) you will provide:** \_\_\_\_\_

\_\_\_\_\_

Event preference for your provided officials: \_\_\_\_\_

Checks made payable to Calvin Christian School ABC. Mail to Bill Stout at:  
Calvin Christian High School, Attn Bill Stout  
2000 N Broadway  
Escondido, CA 92026  
Ph: 760-489-0201 Fax: (760) 489-7055

For meet specific questions:

Todd Nash, cell (760) 458-9753,

Email: [CalAthletics@sbcglobal.net](mailto:CalAthletics@sbcglobal.net)

EMAIL THIS CONTRACT TO COACH NASH ASAP