

DO YOU LIKE TO RUN OR JUMP?

**COME TO THE “SPRING FEVER” ALL COMERS TRACK MEET
AT PATRICK HENRY HIGH SCHOOL.**

WHAT: All High School Events, plus a couple more
Running 50 M (12 & under), 100M, 200M, 400M, 1600M, 3200M
Jumping: Long Jump, Triple Jump, High Jump, Pole Vault
Throwing: Shot Put, Discus (shot & discus available in most weights)
Relays: 4x100M, 4x400M, 4x800M

WHEN: SATURDAY, FEBRUARY 23
REGISTRATION STARTS AT 8:00 AM
EVENTS START AT 9:00 AM, FINISH ABOUT NOON

**WHY: PROVIDE A CHANCE FOR LOCAL RUNNERS OF ALL
AGES TO PARTICIPATE.**
TRAINING OPPORTUNITY FOR NEW OFFICIALS.

SPONSORED BY: Patrick Henry High School Track and Field
Directions: From I-8, take the College Avenue Exit north (away from SDSU).
Follow College 1 mile to Navajo. Go left 1 mile to Parkridge. Go right and
take the first right onto Wandermere Dr. Enter the campus and park near
the bungalows.

ALL AGES, ALL TALENT LEVELS WELCOME!

TIMES OR MARKS POSTED FOR ALL ENTRANTS.

ENTRY: \$5 FOR AS MANY EVENTS AS YOU WANT
Entry/Waiver Form Printed on the back of this page.

**SPRING FEVER GAMES, ALL COMERS' MEET
PATRICK HENRY HIGH SCHOOL, FEBRUARY 23, 2013**

Entry Form and Waiver

Entry Fee, \$5. Make checks payable to Patrick Henry HS Track
Paid by Cash ____ Check _____

| | | | | | |
|-------------|---|-------|--------------------|------|--|
| Name: First | | Last: | | Sex: | |
| Address | | | | | |
| City | | State | | ZIP | |
| Phone: | | | | | |
| Birth Date | / | / | Age on February 23 | | |

Indicate Events To Be Entered:

| Running Event | Men | Women | Field Event | Men | Women |
|-------------------|-----|-------|-----------------|-----|-------|
| 4 x 100 relay | | | Pole Vault | | |
| 1600M | | | Long Jump | | |
| 100/110 M hurdles | | | High Jump | | |
| 400 M | | | Triple Jump | | |
| 100 M | | | Shot Put# | | |
| 800 M | | | Discus* | | |
| 300 Hurdles | | | | | |
| 200 M | | | | | |
| 50 M (12 & under) | | | # 4K, 10lb,12lb | | |
| 3200 M | | | * 2.2K, 1.6K | | |
| 4 x 400 M relay | | | available | | |
| 4 x 800 M relay | | | | | |

Waiver:

I waive all rights that I or my heirs or assigns may have against Patrick Henry High School, San Diego Unified School District, organizers, officials, and sponsors of this athletic event arising from any injury, illness, or accident that I may sustain or incur participating in this event. I declare that I am in good health to participate.

Signed _____ Date: _____

Parent signature if under 18 years of age: _____